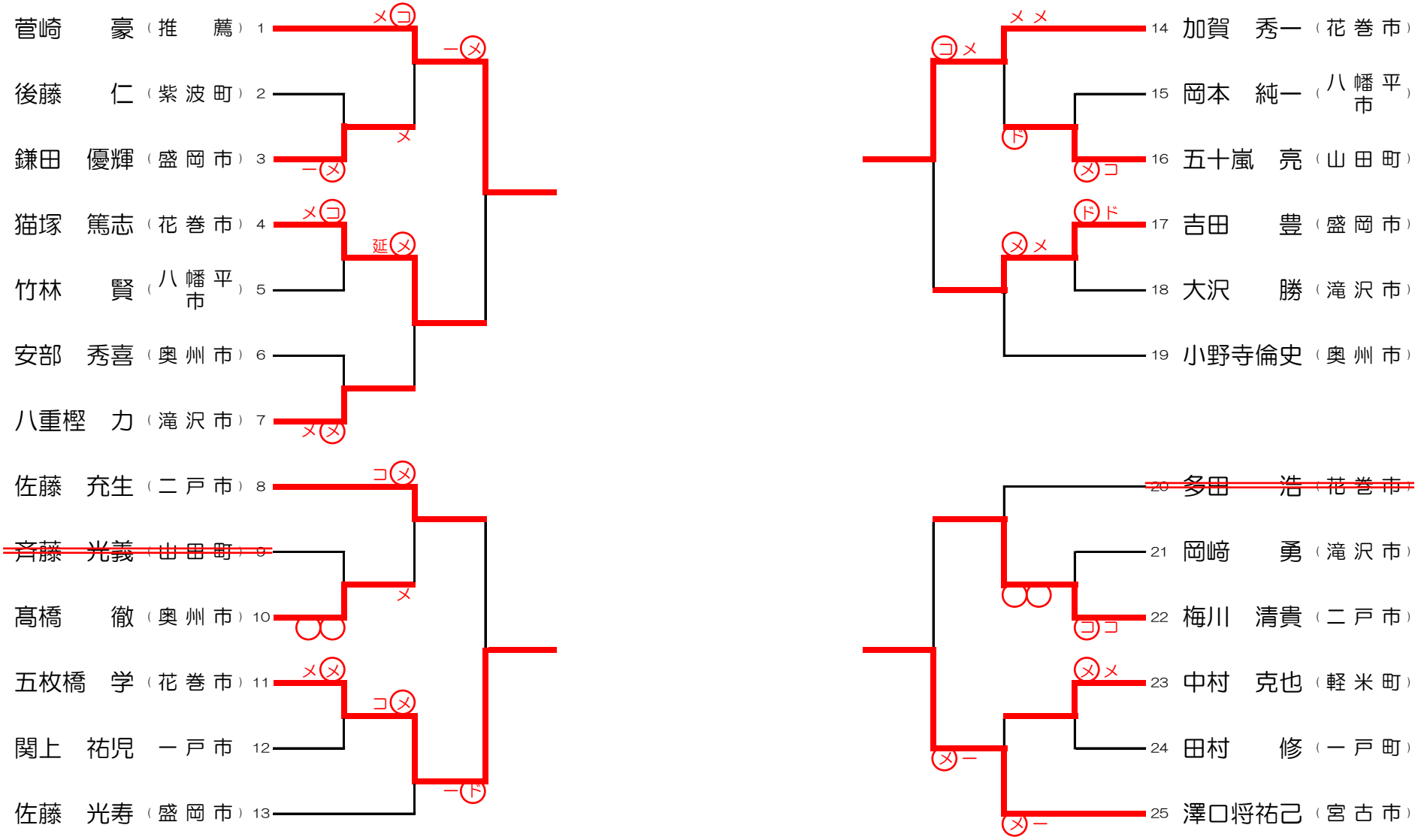男子45歳1日以上55歳未満